Lasalle Elementary Sr.



2023-2024

Anti-Bullying and Anti-Violence Plan Lester B. Pearson School Board

December 5th, 2023

DATE OF GOVERNING BOARD ADOPTION

GOALS OF THE ANTI-BULLYING AND ANTI-VIOLENCE (ABAV) PLAN

 In compliance with the <u>Quebec Education Act</u> (QEA), the main purpose of the ABAV plan must be to prevent and stop all forms of bullying and violence targeting a student, a teacher or any other school staff member. This plan specifies the duties and responsibilities of the relevant parties of the school **community** and the school **partners** in achieving this.

School Community Parties:

Students, Staff, School Administration, School Board, Governing Boards, & Parents.

School Partners:

Outside organizations Including but not limited to bus companies, coaches, & volunteers.

- Outline the responsibilities of all parties towards the elimination of bullying and violence in the school community, including the responsibility of parents to promote a positive and respectful school climate inside and outside school.
- School boards must see to it that each of their schools provides a healthy and secure learning environment that allows every student to develop their full potential, free from any form of bullying or violence.
- School boards must also ensure a healthy and secure working environment for their staff, and the staff must participate in ensuring a safe and respectful working climate.
- The plan is designed to support the optimal conditions required to guarantee the fundamental right to dignity, equality, and integrity, while respecting the unique character of each individual.

"The Lester B. Pearson School Board believes that everyone in its community is entitled to a safe, healthy, secure, respectful and caring environment. The School Board believes that education should prepare our students for a responsible life in a free society, in a spirit of understanding, peace, tolerance, and equality of sexes based on the principles of respect, diversity and inclusion."

-LBPSB Policy on Safe and Caring Schools

DEFINITIONS as applied in ABAV

Bullying

• "the word "bullying" means any repeated direct or indirect behaviour, comment, act, or gesture, whether deliberate or not, including in cyberspace, which occurs in a context where there is a **power imbalance** between the persons concerned and which causes distress and injures, hurts, oppresses, intimidates or ostracizes" (art. 13, par. 1.1, QEA).

Violence

"The word "violence" means any intentional demonstration of force of a verbal, written, physical, psychological or sexual nature which causes distress and injures, hurts, or oppresses a person by attacking their psychological or physical integrity or well-being, or their rights or property" (art. 13, par. 3, QEA).

Sexual Violence

"The concept of sexual violence refers to any form of violence committed through sexual practices or by targeting sexuality, including sexual assault. It also refers to any other misconduct, including that relating to sexual and gender diversity, in such forms as unwanted direct or indirect gestures, comments, behaviours or attitudes with sexual connotations, including by technological means."
https://www.legisquebec.gouv.qc.ca/en/document/cs/p-22.1

Racism

 "Corresponds to the "set of ideas, attitudes and actions whose purpose is to make ethnocultural and national groups feel inferior socially, economically, culturally and politically, thereby preventing them from benefitting fully from the advantages to which all citizens are entitled." Racist discourse is usually based on real or presumed physical and cultural differences." (MIDI, 2015)

Discrimination

"Every person has a right to full and equal recognition and exercise of his human rights and freedoms, without distinction, exclusion or preference based on race, colour, sex, gender identity or expression, pregnancy, sexual orientation, civil status, age except as provided by law, religion, political convictions, language, ethnic or national origin, social condition, a handicap or the use of any means to palliate a handicap. Discrimination exists where such a distinction, exclusion or preference has the effect of nullifying or impairing such right." (Charter of Human Rights and Freedoms, section 10)

Parent

• "the word "parent" means the person having parental authority or, unless that person objects, the person having custody de facto of the student" (art. 13, QEA)

Elements of the ABAV Plan (art. 75.1, QEA)

Element 1	an analysis of the situation prevailing at the school with respect to bullying and violence;	pg. 4
Element 2	prevention measures to put an end to all forms of bullying and violence, in particular those motivated by racism or homophobia or targeting sexual orientation, sexual identity, a handicap or a physical characteristic;	pg. 5-6
Element 3	measures to encourage parents to collaborate in preventing and stopping bullying and violence and in creating a healthy and secure learning environment;	pg.7-8
Element 4	procedures for reporting, or registering a complaint concerning, an act of bullying or violence to or with the institution and, more particularly, procedures for reporting the use of social media or communication technologies for cyberbullying purposes;	pg.9-10
Element 5	the actions to be taken when a student, teacher or other school staff member or any other person observes an act of bullying or violence; or when a report or complaint is sent to the institution by the regional student ombudsman.	pg.11
Element 6	measures to <i>protect the confidentiality</i> of any report or complaint concerning an act of bullying or violence;	pg.12
Element 7	supervisory or support measures for any student who is a victim of bullying or violence, for witnesses and for the perpetrator;	pg. 13
Element 8	specific <u>disciplinary sanctions</u> for acts of bullying or violence, according to their severity or repetitive nature; and	pg. 14-15
Element 9	the required <i>follow-up</i> on any report or complaint concerning an act of bullying or violence.	pg. 16
New* Additional Element (75.1 QEA)	sexual violence; compulsory training activities for management and other personnel; and safety measures to stop sexual violence.	pg. 17
Annual Evaluation	the results achieved by the school with respect to preventing and dealing with bullying and violence must be <i>evaluated</i> .	pg. 18

Bullying:

the word "bullying" means any repeated direct or indirect behaviour, comment, act, or gesture, whether deliberate or not, including in cyberspace, which occurs in a context where there is a power imbalance between the persons concerned and which causes distress and injures, hurts, oppresses, intimidates or ostracizes

Violence:

the word "violence" means any intentional demonstration of force of a verbal, written, physical, psychological or sexual nature which causes distress and injures, hurts, or oppresses a person by attacking their psychological or physical integrity or well-being, or their rights or property

Items in YELLOW indicate Bill 9 additions

1. ANALYSIS OF THE SITUATION

Description of the findings that emerge from the situation analysis with respect to bullying and violence

In reviewing the tools to analyze the school climate/situation, we see that LaSalle Elementary Senior is a school with a positive school climate due to many healthy relationships formed amongst the students and between students and staff. However, it is also clear from these tools, that LES students report very high rates of anxiety and feelings of exclusion and bullying especially during unstructured times, such as recess periods and on the way home.

Priorities identified with respect to bullying and violence

From these findings, we have identified the following as our priorities:

- 1. The school-wide promotion of socio-emotional well-being activities & programs.
- 2. The reduction of incidences of exclusion and bullying through prevention and education.

2. PREVENTION MEASURES

LBPSB sanctions its schools and centres to carry out additional measures to promote Equity, Diversity, Dignity, and Inclusion (E.D.D.I.) for all the parties of the school community and their partners.

Obligations of the QEA

The rules of conduct and the safety measures must be presented to the students during a civics session held each year by the principal in collaboration with the school staff, and must be sent to the parents at the beginning of each school year. (art.76, QEA)

Ensuring a Safe and Caring School Climate The principal shall see to it that all school staff members are informed of the school's rules of conduct, safety measures and anti-bullying and anti-violence measures, and of the procedure to be followed when an act of bullying or violence is observed. (art. 96.21, QEA)

During the month of September each year, the principal of a school providing education to students in the second cycle of the secondary level shall see to the formation of a student committee. (art.96.5, QEA)

Priorities and Prevention Measures

LBPSB Priority:

To promote the values of the EDDI statement

Prevention Measure(s): The Lester B. Pearson School Board is committed to continuous progress and efforts in work of Equity, Diversity, Dignity and Inclusion. As part of the commitment to EDDI, the Lester B. Pearson School Board has committed to providing annual updates on their EDDI journey. The annual update for 2021-2022 can be found in the video capsules below.

Capsule 1 – Taking Stock

Capsule 2 – Pillar 1: Professional Development

Capsule 3 – Pillar 2: Educational Resources Capsule 4 – Pillar 3: Regulations and Policy

Capsule 5 – Pillar 4: Infrastructure

Capsule 6 – Looking Forward

School Priority:

Ensuring a Safe and Caring School Climate

Prevention Measure(s): The rules of conduct and the safety measures must be presented to the students during an assembly held each year by the principal in collaboration with the school staff and must be sent to the parents at the beginning of each school year. (art.76, QEA)

	The principal shall see to it that all school staff members are informed of the school's rules of conduct, safety measures and anti-bullying and anti-violence measures, and of the procedure to be followed when an act of bullying or violence is observed. (art. 96.21, QEA) During the month of September each year, the principal of a school providing education to students in the second cycle of the secondary level shall see to the formation of a student committee. (art.96.5, QEA)
School Priority: Promoting equity, diversity, dignity, and inclusion	Prevention Measure(s): Every year, LaSalle Elementary Senior will commit to creating an EDDI committee where they will meet regularly throughout the school year. EDDI will also appear as a standing item on the Staff Council agenda, with special focus on the community at large and global EDDI.
School Priority: Improving achievement	Prevention Measure(s): 1) Planning and Organizing: To foster independence and self management skills. 2) Literacy (French and English): To increase basic vocabulary (e.g. high frequency words) in both languages to enrich oral and reading comprehension. 3) Numeracy: to increase student ability to apply math facts and problem solving strategies effectively.
School Priority:: Ensuring wellness	Prevention Measure(s): 1)To empower students with self-regulation techniques to ensure expected social emotional behaviour and understand the connection between body, mind and learning. 2)To train students to recognize emotions and evaluate the size of the problem. 3)To help students select the appropriate strategies to suit the social or academic situation.
School Priority: Strengthening Engagement	Prevention Measure(s): To promote parental engagement by offering more opportunities for volunteering and involvement. To encourage rapport-building with parents.

3. MEASURES TO ENCOURAGE PARENTAL COLLABORATION

Parents are valuable partners and it is important to work together when it comes to taking action to prevent and stop bullying and violence. It is together that we can find the solutions. This collaboration will enable us to continue to flourish and succeed in an atmosphere of mutual respect (<u>LBPSB Policy on Safe and Caring Schools</u>).

Measures encouraging parent(s)/guardian(s) collaboration in preventing and stopping bullying and violence and in creating a healthy and secure learning environment.

• The Code of Conduct and the ABAV Plan will be made available to parent(s)/guardian(s); it will be posted on the school website.

Other school-based measures, if necessary:

- The School's Code of Conduct will be communicated with the parents (agenda, curriculum night, bulletins/memos, and/or on school website).
- The ABAV Plan will be explained and made available to parent(s)/guardian(s); it will be posted on the school website, under the tab ABAV.
- Ongoing communication between principal and parents/guardians of children who are being bullied and those who are engaging in bullying behaviours will take place until the resolution of the situation.
- Periodic communication with students and their parent(s)/guardian(s) will take place to ensure that measures taken have been successful and the bullying has ceased.
- The LBPSB Complaint procedure for parents will be communicated and made available.

"The Lester B. Pearson School Board believes that the school board's administrators, staff, parents, students and all those present in the school's environment have a responsibility to ensure that the right to be safe and secure is upheld."

-LBPSB Policy on Safe and Caring Schools

Resources

Community Resources Information on Violence and Bullying Benado - Mon pouvoir sur For Students: Kids Help Phone: 1-800-668-6868 l'intimidation Canadian Centre for Child Protection kidshelpphone,ca • Canadian Red Cross- Violence and Text HELLO to 686868 cybertip.ca **Abuse Prevention** Government of Quebec: Violence and For Parent(s)/Guardian(s): bullying CLSC Media Smarts o Name: CLSC de La Salle Ministère de la famille - Québec o Address: 8550 Bl. Newman, Promoting Relationships and H8N 1Y5 **Eliminating Violence Network** o Phone No. : (514) 364-2572 (PREVNet) Service de police de la ville de Montréal (SPVM) o PDQ No.: Station 13 o Address: 8745 Bl. Lasalle, H8P 1Z2 o Phone No.: (514) 280-0113 Sûreté du Québec (SQ) o Post No.: Address: o Phone No.:911

4. PROCEDURES OF REPORTING OR REGISTERING A COMPLAINT

The LBPSB complaint procedure can be followed to make a report or register a complaint: Link to LBPSB Complaint Procedure

The procedures for reporting or registering a complaint of acts of bullying, violence, cyberbullying, and sexual violence are:

	of bullying, violence, cyberbullying, and sexual violence are:					
	For students					
	bullying, violence, cyberbullying, or sexual violence	You can ask for help for yourself or for someone else. To report a situation, you can contact any adult you trust (teacher, integration aide, daycare, principal, parent, etc.). They will be able to guide you.				
		For parent(s)/guardian(s)				
bullying, violence, cyberbullying, or sexual violence Inform the principal via email, phone call, or in-person meet						
	For staff members					
	bullying, violence, cyberbullying, or sexual violence	Inform the principal via email, phone call, or in-person meeting.				
	For partners, (bus drivers, volunteers, others)					
	bullying, violence, cyberbullying, or sexual violence	Inform the principal via email, phone call, or in-person meeting.				
	Any person or enterprise providing extracurricular services to students of a school or carrying out a special school project for the provision of services other than educational services					
	bullying, violence, cyberbullying, or sexual violence	Must inform the principal of the school attended by the students directly involved of any act of bullying or violence that they observe. They must also follow the prescribed training.				

The procedures for registering a complaint are:

- In the case of a complaint concerning an act of sexual violence, the principal shall also inform the student who is the victim that it is possible to refer the complaint to the <u>Commission des services juridiques</u>. If the student is under 14 years of age, the principal also informs their parent(s)/guardian(s) of that option, and if the student is 14 years of age or over, the principal may also inform his or her parent(s)/guardian(s) of that option, with the student's consent. (Art.96.12, QEA)
- It is possible to make a report or file a complaint concerning an act of sexual violence to or with the regional student ombudsman and, for a person who is dissatisfied with the follow-up on a complaint filed with the institution, to use the <u>complaint processing procedure</u> provided for in the Act respecting the National Student Ombudsman.
- Regional Student Ombudsman Coordinates:

1035, rue De La Chevrotière, 25e étage

Québec (Québec) G1R 5A5 Phone number: 1 833 420-5233 Email: info@pne.aouv.gc.ca

To find out more about the treatment of complaints procedure,

please visit the LBPSB website:

https://www.lbpsb.gc.ca/parents-and-community/complaints-procedure/

5. ACTIONS TO BE TAKEN

RESPONSE PROTOCOL

STUDENT(S), PARENT(S)/GUARDIAN(S), ANY OTHER PERSON, OR PARTNER(S)

- We encourage any student(s), parent(s)/guardian(s), or any other person who
 observes an act of bullying or violence, as a responsible member of the school
 community, to report the incident (refer to Element 4).
- We **require** partner(s) to report the incident (refer to Element 4).

STAFF

Any staff member who observes an act of bullying or violence must (items 1-4):

- 1. Respond-Intervene immediately
- 2. <u>Reassure</u>- Ensure safety of all school community parties and partners
- 3. Report- To the Principal or their designate
- 4. <u>Review</u>- Establish frequent check-ins, maintain communication and ongoing support as needed

PRINCIPAL

After considering the best interest of students and/or staff directly involved, the principal shall:

- Meet with parties involved, as needed.
- Communicate relevant information to relevant staff members regarding the safety of the student(s) and/or staff concerned.
- Communicate with their parent(s)/guardian(s) to inform them of the measures in the anti-bullying and anti-violence plan, as required.(Art 96.12, QEA)
- Refer parent(s)/guardian(s) to complaints procedure, should they express
 dissatisfaction with the course of action from the school administration, and inform
 them of their right to request assistance. (Art 96.12, QEA)
- Document the incident.

School Community Parties:

Students, Staff, School Administration, School Board, Governing Boards, & Parents.

School Partners:

Outside organizations Including but not limited to bus companies, coaches, & volunteers.

6. CONFIDENTIALITY

Reporting incidents of bullying or violence is the right thing to do. It allows everyone to obtain help and put an end to the situation. Reporting may cause discomfort in the person doing it, however, the school will take the necessary precautions to preserve confidentiality.

The measures to protect the confidentiality of any report or complaint concerning an act of bullying or violence are:

- Staff are reminded annually that every incident and the ensuing follow-up must be kept confidential.
- Communication with all parties will be discreet.
- All parties will be treated with respect, discretion and empathy.
- Details of applied disciplinary sanctions will be kept confidential as the law forbids that this information be communicated to other students or parents.

Other school-based measures, if necessary: When necessary, staff members will be advised of incidents that may directly impact their classrooms and / or groups.

7. SUPERVISORY OR SUPPORT MEASURES

It is the responsibility of every staff member to use difficult/challenging situations as opportunities to help students improve their social and emotional skills, accept personal responsibility for their learning environment, and understand consequences for poor choices.

Supervisory or Support Measures for Victims, Witnesses, and Perpetrators (may include, but are not limited to)

- Ensure a safe, caring, and trusting climate during interventions.
- Put in place necessary measures for the safety of all school community parties and their partners.
- Facilitate a meeting with a designated staff member.
- Offer individual or group support.
- Refer to the professional resources of the school or school board.
- Establish an intervention plan.
- Refer to external partners such as:
 - Batshaw/Department of Youth Protection (DYP);
 - Integrated University Health and Social Services Centre/Integrated Health and Social Services Centres (fr. CIUSSS/CISSSMO);
 - Service de Police de la Ville de Montréal (SPVM);
 - Sûreté du Québec (SQ).
- Monitor and follow up after resolution.

Other school-based measures, if necessary: Leverage other local resources (SET, FSSTT) as required.

8. DISCIPLINARY SANCTIONS

The application of disciplinary sanctions will be made following an analysis of the incident(s). The severity of bullying and violent acts are measured by their intensity, frequency, consistency, persistence, context, and impact on students.

Considerations When Determining Disciplinary Sanctions

- Age and developmental maturity (including special needs) of the students involved.
- Nature, frequency and severity of the behaviours.
- Relationships of the parties involved.
- Context in which the alleged incident(s) occurred.
- Patterns of past or continuing behaviours.
- Family context.
- Other circumstances that may play a role such as cultural context, trauma history and mental health.

Disciplinary Sanctions (may include, but are not limited to)

- Conversation with student
- Parent notification
- Reflection activity or action
- Restorative measures or practices
- Restitution
- Mediation or conflict resolution
- Behaviour contract
- Referral to the professional resources of the school
- Removal of privilege(s)
- School Detention
- Referral to Planning Room and/or Alternative to Suspension Program
- In-school suspension
- Out-of-school suspension
- Enrolment in another school

Other school-based sanctions, if necessary: Group restructuring if applicable; Modifying a student's schedule to ensure success.

9. FOLLOW-UP

Follow-up measures may include:

- Ongoing documentation of the event(s).
- Ongoing communication with all parties involved, as needed.
- Ongoing monitoring of all students involved to assess their well-being.
- Verifying the completion of disciplinary sanctions for all parties concerned.
- Referring parent(s)/guardian(s) to complaints procedure, should they express dissatisfaction.

Other school-based measures, if necessary: Follow-up meetings and revisiting actions taking when required.

To find out more about the treatment of complaints procedure, please visit the LBPSB website:

https://www.lbpsb.qc.ca/parents-and-community/complaints-procedure/

SEXUAL VIOLENCE

Compulsory training activities for management and other personnel:

• Training will be provided, when made available.

Safety measures to stop sexual violence:

- Sexuality Education Curriculum
- Internal expertise of school board professionals (sexologist, psychologists, guidance counsellors, etc.)
- Prevention programs
- School Nurse
- Consultation with partners (SPVM/SQ, CIUSSS/CISSSMO, Batshaw/DYP, Marie-Vincent Foundation, etc.)

Other school-based measures, if necessary: FSSTT & SET Intervention as required.

Complaint Procedure

In the case of a complaint concerning an act of sexual violence, the principal shall also inform the student who is the victim that it is possible to refer the complaint to the <u>Commission des services juridiques</u>. If the student is under 14 years of age, the principal also informs their parent(s)/guardian(s) of that option, and if the student is 14 years of age or over, the principal may also inform his or her parent(s)/guardian(s) of that option, with the student's consent. (Art.96.12, QEA)

It is possible to make a report or file a complaint concerning an act of sexual violence to or with the regional student ombudsman and, for a person who is dissatisfied with the follow-up on a complaint filed with the institution, to use the <u>complaint processing procedure</u> provided for in the Act respecting the National Student Ombudsman.

Other options to report situations of sexual misconduct and violence in schools include:

- 1-833-DENONCE, is open from 8:30 a.m. to 4:30 p.m. on weekdays. A
 voice mailbox is available outside this time slot in order to be called
 back by an agent.
- email signalements@education.gouv.qc.ca



ANNUAL EVALUATION GRID (To be completed in spring of 2024)

	LEGEND				
	1	No adjustment	Our actions are satisfactory and we are continuing on this path		
	2	Some adjustments Our actions are quite satisfactory, but require some adjustments.			
I	3	To replace	Our actions or measures are no longer applicable or available.		

	Evaluation				
	Legend: 1: No adjustment 2: Some adjustments 3: To review	Check			
Actions and/or Prevention Measures carried out in 2022-2023			2	3	
1	Ensuring a Safe and Caring School Climate	\checkmark			
2	Promoting equity, diversity, dignity, and inclusion		\checkmark		
3	Improving achievement		\checkmark		
4	Ensuring wellness	\checkmark			
	Findings				
We	We will look to align goals and actions with the new Educational Project once complete.				